

## BIOMEDE 332: INTRODUCTION TO BIOMECHANICS

WINTER 2016

**Class Schedule:** TR 10:30-12:30 PM, 1121 LBME

This course covers the fundamentals of continuum mechanics and constitutive modeling relevant for biological materials. Constitutive models covered include:

1. Linear Elasticity
2. Nonlinear Elasticity
3. Viscoelasticity

Structure-function relationships which link tissue morphology and physiology to tissue constitutive models will be covered for skeletal, cardiovascular, pulmonary, abdominal, skin, eye, and nervous tissues.

The course is divided into 2 parts:

1. Introduction to Continuum Mechanics relevant to Biological Tissues
2. Application of Continuum Mechanics concepts to study Tissue Mechanics

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### Instructor:

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Office: 2170 LBME

Office Hours:

12:30 PM - 1:30 PM on Thursdays and TBD

or by appointment

**GSI:** Colleen Crouch ([accrouch@umich.edu](mailto:accrouch@umich.edu))

Office hours to be determined

**Grader:** Xiuyuan Yang ([xiuyuan@umich.edu](mailto:xiuyuan@umich.edu))

### Texts:

*Available online through the library*



Introduction to Continuum Mechanics,  
(Fourth Edition) - W. Michael Lai, David  
Rubin and Erhard Krempf

ISBN: 978-0-7506-8560-3

A Concise Introduction to Linear Algebra—Géza Schay  
Continuum Mechanics for Engineers, Second Edition—Mase  
Math refresher for scientists and engineers—John R. Fanchi

On reserve at the library

Cardiovascular solid mechanics – Humphrey (RC669.9 .H85 2002)

Biomechanics – Fung (QP105 .F85 1997)

Nonlinear solid mechanics – Holzapfel (QA808.2 .H655 2000)

Recommended texts:

Schaum's Outline of Linear Algebra

Schaum's Outline of Continuum Mechanics

**Grading Criteria:**

25% Homework

10% Oral presentation of a Biomechanics Paper

15% Quizzes

25% Midterm

25% Final Exam

**General Course Policies:**

Attendance at the lectures is not mandatory **unless there is a guest speaker**. Exams will include questions from the guest speaker and the absent student is expected make arrangements with another student to obtain notes. Attendance and participation will be considered in assigning letter grades in borderline cases.

Students who must reschedule exams and or assignments due to religious observances or other personal matters should notify the instructors in advance. Students with disabilities who require special accommodations during classes or examinations should contact the Office of Services to Students with Disabilities to ensure that appropriate arrangements are made. The student is responsible for reminding the instructor of conflicts due to team activities and requirements for special accommodations as the need arises.

Assignments and examinations will be graded and returned to students as soon as possible after being handed in. Students should check the grading carefully. Any grade appeals must be submitted in writing within one week of the return of the assignment or exam.

Emails will be answered within 48hrs of receiving them. Proper email etiquette is expected for any communications with the instructor or GSI. **Please include [BME332] in the subject line of all emails.**

All students in this class are bound by the College of Engineering Honor Code. You may not seek to gain an unfair advantage over your fellow students; you may not consult, look at, or possess the unpublished work of another without their permission; and you must appropriately acknowledge your use of another's work. Any violation of the honor policies appropriate to each piece of course work will be reported to the Honor Council, and if guilt is established penalties may be imposed by the Honor Council and Faculty Committee on Discipline. Such penalties can include, but are not limited to, letter grade deductions or expulsion from the University. Collaboration policies on individual assignments will be described in the assignment handout. If you have any questions about the policies in this course, please consult the course instructor.

**Topics to be covered (subject to change): Note that quiz and HW due dates will be adjusted based on the speed through the syllabus.**

**Learning objectives:**

Will be abbreviated LOs in the schedule

Conversion of conceptual ideals into mathematical relationships that allow us to calculate stress given deformation by integrating basic mechanics (balance of forces, moments, and energy) with mathematical principles (Vector Calculus and Linear Algebra)

Lect#	Date	Assignments/ Quizzes	Lecture Topic	Reading
1	1/7		Class Overview Class Motivation	
2	1/12		<b>Mathematical Foundations</b> Brief History of continuum mechanics Matrix manipulations (Linear Algebra)	
3	1/14		<b>Mathematical Foundations</b> Indicial Notation	Lai – CH 2
4	1/19		<b>Mathematical Foundations</b> Vector Calculus	Lai – CH 2
5	1/21	<b>Quiz#1</b> <b>HW#1 due</b>	<b>Linear Elasticity:</b> Assumptions/Deformation and Strain LOs: 1) Define the assumptions made while we are deriving the linear elastic equations (recall that these model idealized materials) 2) Derive an equation for deformation as a function of measurable quantities ( $x'_i$ and $x_i$ ) using vector addition	Lai – CH 3.5, 3.18-25
6	1/26		<b>Linear Elasticity:</b> Deformation and Strain LOs: Derive equations: 1) Derive deformation tensor $F_{ij}$ : maps the undeformed coordinates of a vector in space to the deformed coordinates using the chain rule 2) Derive the infinitesimal strain tensor $\epsilon_{ij}$ using geometry and small strain assumptions	Lai – CH 3.5, 3.18-25
7	1/28	<b>HW#2 due</b>	<b>Linear Elasticity:</b> Stress LOs: Understanding the concepts of the stress tensor and stress vector Derivation of the Cauchy stress tensor $\sigma_{ij}$ : maps the normal vector ( $n_j$ ) to the stress vector ( $t_i$ ) using balance of forces (Newton's 2 <sup>nd</sup> Law)	Lai – CH 4.1- 4.3
8	2/2		<b>Linear Elasticity:</b> Stress LOs: Understanding the concepts of the stress tensor and stress vector 1) Demonstrate stress symmetry using the balance of moments (Newton's 3 <sup>rd</sup> Law) 2) Calculating stress on a plane 3) Derivation of the equations of motion	Lai – CH 4.4- 4.7 (4:18 demonstrates derivation from integral forms)
9	2/3	<b>Quiz#2</b> <b>HW#3 due</b>	<b>Linear Elasticity:</b> Constitutive Equations LOs: Understanding strain energy density 1) Derive Hooke's Law from a strain energy function ("As the extension, so the force."- Hooke 1660)	Lai – CH 5.1-5.5; 5.13-5.14,
10	2/9		<b>Linear Elasticity:</b> Constitutive Equations 2) Application of Hooke's Law 3) Simplifications of Hooke's Law due to symmetry	Lai – CH 5.18-5.19; 5.46-5.54
11	2/11	<b>HW#4 due</b>	<b>Cortical Bone:</b> length scales of bone mechanics	
12	2/16		<b>Trabecular Bone:</b>	

			Length scales of bone mechanics Stereology and the fabric tensor	
13	2/18	<b>HW#5 due</b>	Review	Lecture slides
	2/23		<b>Guest Lecturer: Dr. David Kohn</b>	
	2/25		<b>EXAM #1</b>	
2/27-3/6 Spring Break				
14	3/8	(ORS)	<b>Guest Lecturer: Dr. Scott Hollister</b>	
15	3/10		Large deformations: Alternate def. of strain and stress Derive nonlinear strain equation Define stress for nonlinear conditions in the undeformed and reference states Nansons' equation required to map area	Lai – CH 4.1-4.5, 4.7 Lai – CH 4.10-4.11
16	3/15		<b>Guest Lecturer: Ben Marchi</b>	Lecture slides
17	3/17	<b>Quiz#3 HW#6 due</b>	Non-linear Elasticity Strain energy forms for specific types of materials: Isotropic, Incompressible, Transversely isotropic	
18	3/22		<b>Guest Lecturer: Dr. Karl Grosch</b>	Lecture slides
19	3/24		Non-linear Elasticity Specific models: Ogden, Mooney-Rivlin, Neo-Hookean	Holzappel 5.6-6.6 ; 6.7-6.8 Lecture notes
20	3/29	<b>Quiz#4 HW#7 due</b>	Viscoelasticity	
21	3/31		Viscoelasticity	Lecture notes
22	4/5	(RCR)	Viscoelasticity- (GSI)	Lecture notes
23	4/7		<b>Guest Lecturer: John Petrie</b>	Lecture notes
	4/12	<b>HW#8 due</b>	<b>Biomechanics Paper Presentations</b>	
	4/14		<b>Biomechanics Paper Presentations</b>	
	TBD		Finals Review	
	4/27		Final 10:30-12:30pm	